



POLICE



DEPARTMENT

No.C5-256774/2025/PHQ

Police Headquarters,

Thiruvananthapuram

Vazhuthacaud

Pincode:695010

✉phq.pol@kerala.gov.in

☎04712721547

Dated. 14-08-2026

Circular. 11/2026/PHQ

Sub : Amendment/Relaxation of Uniform Norms for Pregnant Women Police Personnel in Kerala Police - reg.

Ref : (1) PHQ Circular No.1/2002 dated 07/02/2002.

(2) PHQ Circular No.13/14 dated /04/2004.

(3) Government letter No.67288/K2/14/Home dated 19/08/2014.

(4) PHQ Circular No.23/2014 dated 10/11/2014.

In view of the practical difficulties faced by pregnant women police personnel while performing official duties in the prescribed uniform, the matter was examined with reference to the existing Kerala Police Standing Orders, PHQ Circulars, IPS Uniform Rules, and comparable police regulations in other States. The existing rules and orders in the State do not contain any special or separate norms regarding uniform for women police personnel during pregnancy or the post-natal period.

Considering the above facts and the constitutional principles embodied under Articles 14, 15(3), and 21 of the Constitution of India, it is decided to provide an amendment/relaxation of existing uniform norms to permit pregnant women police personnel to wear alternative, maternity-friendly uniforms.

In view of the above, it is hereby ordered that women police personnel who are in pregnancy are permitted to wear khaki Salwar Kameez and shawl and sandals during pregnancy. This is provided as an optional uniform rather than a mandatory one.

For lady IPS Officers, the IPS Uniform Rules will apply.

All other instructions in previous circulars regarding the uniform pattern of women police personnel during the pregnancy period stand modified to this extent.

HARSHITA ATTALURI IPS

Additional Director General of Police HQ (ic)



C5-256774/2025/PHQ



5f6a71

To : All Unit Heads for information and necessary action.

Copy : 1. CAs to SPC/ ADGP(HQ)/ IGP(HQ)/ DIG (Admn)/ All Staff Officers in PHQ.
To 2. SFO/ Manager/ AO/ All Staff of PHQ.
3. Stock File.

